OB Oxytocin Challenge Test

Patient Placement

Patient Status
☑️ Outpatient

Preferred Location/Unit
☑️ Obstetrics

Nursing Orders
☑️ Patient positioning - Left lateral position, right hip elevated approximately 10 cm or 30 degrees semi-Fowler
☑️ Perform electronic fetal monitoring - for 20 minutes AND continue for 30 minutes after start of pitocin infusion
☑️ If no regular contractions OR late decelerations present then start pitocin
☑️ Stop pitocin if late decelerations occur
Notify provider
☑️ WHEN OCT (Oxytocin Challenge Test) complete of test findings

IV Placement
☑️ Peripheral IV insert/maintain

Medications

Parturifacient Agents: Oxytocics

Oxytocin in lactated ringer 20 unit/1,000 mL IV (PITOCIN)
☑️ 2 milliunits/minute intravenously Increase at 30 minute intervals to obtain every 2-3 minute contractions by using the following doses: 2, 4, 8, 12, 16, 20, 24, 28, 30 milliunits/minute