

(place patient label here)

**Pre-Operative Anesthesia Protocol**

**Version 4 2/7/2017**

**Diagnostic Screening Protocol Orders:** Place the following diagnostic screening tests according to the matrix below

<b><u>Medical condition:</u></b>	<b>CBC auto diff</b>	<b>Type and Screen</b>	<b>ECG</b>	<b>BMP</b>	<b>CMP</b>	<b>PT/PTT INR</b>	<b>Capillary glucose</b>
Cardiovascular Disease (angina, arrhythmias, HF)	<2wk		<1mo	<1wk			
Hypertension			<1yr				
Pulmonary Disease	<2wk		<1mo	<1wk			
Renal Disease	<2wk		<1yr	DOS			
Dialysis	<2wk		<1yr	DOS			
Bleeding Disorder	<2wk		<1yr	<1wk		<1wk	
Liver Disease	<2wk		<1yr		<1wk	<1wk	
Extreme Obesity (BMI ≥ 40)			<1yr				
Current Malignancy under treatment			<1yr				
<b><u>Medications:</u></b>							
Diuretics	<2wk		<3mo	<1wk			
Digoxin	<2wk		<3mo	<1wk			
Diabetic medications	<2wk		<3mo	<1wk			DOS
Antiarrhythmics	<2wk		<3mo	<1wk			
Anticoagulant Therapy (Warfarin, Heparin)	<2wk		<1yr	<1wk		<48hr	
<b><u>Procedures:</u></b>							
Cardiovascular (CABG, Abdominal Aortic Aneurysm Repair, Carotid, Aorta bi fem/fem pops)		<= 24hr					
Thoracotomy		<= 24hr					
Total Hip		<= 24hr					
Spleenectomy		<= 24hr					
Nephrectomy		<= 24hr					
Davinci Urology Procedures		<= 24hr		<1wk			
Hysterectomy		clot to hold <= 24hr					
Craniotomy	<2wk	<1wk	<1yr	<1wk			
Cataract Procedures (not on above medications)	<3mo		<1yr				
<b><u>Other:</u></b>							
Healthy (ASA class I & II) on no medications	<3mo						
Patients > 40			<1 yr				
Patient Type and Crossmatched for surgery	<2wk						
<b><u>Pacemaker:</u></b> check within 3 days pre-op							
<b><u>Serum Pregnancy:</u></b> Women of childbearing age (10-50) except those with hysterectomy or tubal ligation) <1wk							
<b><u>Chest xray:</u></b> History of cardiopulmonary disease, pneumonia in past 3 months, chronic home O2 use, planned intrathoracic surgery <1mo							
<b><u>If &lt; 9yr and minimal anticipated blood loss:</u></b> NO LABS							

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**NPO Guidelines:**

- Infants age 0-2yr: Formula/solid food up to 6 hours prior to surgery. Breast milk up to 4 hours prior to surgery. Clear liquids up to 2 hours prior to surgery.
- Age 2-12yr: Solid food up to 8 hours prior to surgery. Clear liquids up to 2 hours prior to surgery.
- Age 12 and older: Solid food up to 8 hours prior to surgery. Clear liquids up to 2 hours prior to surgery.

**Medications:** Take all pulmonary medications including bronchodilators/inhalers, anti-reflux/GERD and beta-blocker medications. Take with up to 1 ounce of water. IF ORAL BETA BLOCKER NOT GIVEN WITHIN 24 HOURS OF SURGERY GIVE METOPROLOL 1mg IV BEFORE SURGERY (hold is HR <50)

**IV Site:** Topical LMX cream PRN

**IV:** On admit place peripheral IV (18 gauge preferred) May inject 0.5- 2 ml 1% lidocaine or bacteriostatic saline for comfort when placing IV.

**IV fluid:** Lactated Ringers 1000 ml at 30 ml/hr (TKO) or  
0.9% Normal Saline 500 ml at 30ml/hr (TKO) IF dialysis patient

**Cardiac:** Provide echo reports completed within the past 5 years