(place patient label here) Patient Name: Order Set Directions:	BENEFIS HEALTH SYSTEM Benefis Hospitals PROVIDER ORDERS
Diagnosis:	

## **REHAB REFLEXIVE BOWEL PROTOCOL**

## Version 6 [6/5/2019]

Spinal cord injury above the sacral segments of the spinal cord produces a REFLEXIC or UMN bowel in which defecation cannot be triggered by conscious effort. Spinal cord and colon connections remain intact, allowing for reflex coordination of stool propulsion.

- Maintain soft stool ٠
- Do not change any elements of program until 3 to 5 cycles complete •

## **Nursing Orders**

- ☑ Encourage Fluids Additional Instruction: 1.5 to 2.5 liters every 24 hours
- ☑ Nutrisource Fiber Supplement Frequency: TID Number of Scoops: 2 Additional Instructions: orally
- ☑ Daily Bowel Program
  - Same time of day
  - Upright or left side lying position for insertion
  - Use water-soluble lubricant with suppository insertion
  - Digital stimulation after suppository until evacuation complete
- ☑ IF Daily Bowel Program Does NOT produce consistent results, Decrease to QOD

## **Medications**

bisacodyl (DULCOLAX)

- ☑ 10 milligrams orally twice a day as needed for constipation (HOLD for loose stools)
- ☑ 10 milligrams rectally once a day as needed for constipation (HOLD for loose stools)