

(place patient label here)

Patient Name: _____



PROVIDER ORDERS

Order Set Directions:

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Diagnosis: _____

Allergies with reaction type: _____

OB Vaginal Delivery Post-Partum

Version 10 Approved 2/11/19

Activity

- May shower
- Bed rest
- Other _____

Nursing Orders

- WHEN Pitocin infused and taking clear liquids: Discontinue electronic orders for IV fluids and Peripheral IV an place order for saline lock.
- Discontinue Saline Lock IV WHEN Vital signs WNL, taking clear liquids, voiding and lochia flow WNL AND minimum 4 hours after DC of neuraxial analgesia (if applicable) Discontinue electronic orders for all IV medications

Notify provider

- IF unable to void or less than 120 milliliters of urine output within four hours post straight cath times one.
- Urinary straight catheterization, four hours after delivery or as needed for a full bladder or unable to void
- Foley Catheter
- Initiate pumping/breastfeeding within 6 hours of delivery
- Initiate OB Hypertensive Protocol if blood pressure parameters: Greater than or equal to 160 mmHg systolic or greater than 110 mmHg diastolic

Notify provider

- IF Temperature greater than 100.5 degrees Fahrenheit
- IF Pulse greater than 120 OR less than 60
- IF Respiratory Rate greater than 30 OR less than 8
- IF Blood Pressure greater than or equal to 140/90 mmHg OR less than or equal to 90/60 mmHg x 2 consecutive
- Other _____

Diet

- Regular Diet
- Controlled Carbohydrate Diet
- Clear Liquid Diet
- Advance diet as tolerated to goal diet: Regular Diet
- Other _____

IV Fluids

- oxytocin (PITOCIN); 20 units in 1000 milliliters of Lactated Ringers
 - 150 milliliter/hour x 1 liter, then discontinue
 - Other _____

Medications

- Discontinue all antepartum antibiotics

Analgesics: Combination Agents

HYDROcodone-acetaminophen 5 mg-325 mg tab (NORCO)

- 1-2 tablet orally every 4 hours as needed for moderate-to-severe pain (moderate pain score 4-7; severe pain score 8-10)

Initials _____

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Analgesics: Opioids

- SELECT BOTH meperidine and hydrOXYzine together
meperidine (DEMEROL)
 - 75 milligram intramuscularly every 3 hours as needed for moderate-to-severe pain, IF unrelieved by NORCOhydrOXYzine (VISTARIL)
 - 25 milligram intramuscularly every 3 hours as needed for moderate-to-severe pain Give with meperidine acetaminophen with codeine (TYLENOL #3 W/CODEINE)
 - 1-2 tablet orally every 4 hours as needed for moderate-to-severe pain

Analgesics: Non-opioids

- acetaminophen (TYLENOL)
 - 325 milligram 1-2 tablets orally every 4 hours as needed for mild pain (1-3 pain score)ibuprofen (MOTRIN)
 - 800 milligram orally every 8 hours as needed for mild-to-moderate pain (1-3 mild pain score; 4-7 moderate pain score)

Postpartum Uterotonic Agents: Oxytocics

- oxytocin (PITOCIN)
 - 10 unit intramuscularly once

Sedatives

- hydrOXYzine (VISTARIL/ ATARAX)
 - 100 milligram orally once a day, at bedtime as needed for insomniazolpidem (AMBIEN)
 - 5 milligram orally as needed for insomnia at bedtime

Antiemetics - Choose one

- promethazine (PHENERGAN)
 - 12.5 milligram intravenously every 6 hours as needed for nausea/vomiting
 - 12.5 milligram intramuscularly every 6 hours as needed for nausea/vomitingondansetron (ZOFRAN)
 - 4 milligram intravenously every 6 hours as needed for nausea/vomiting

Antacids

- alum-mag hydroxide-simeth 400 mg-400 mg-40 mg/5 mL oral susp (MINTOX)
 - 30 milliliter orally every 4 hours as needed for heartburn

Laxatives

- docusate sodium (COLACE)
 - 100 milligram orally 2 times a day as needed for constipationmagnesium hydroxide (MILK OF MAGNESIA)
 - 30 milliliter orally 3 times a day as needed for constipation

Vitamins and Iron Supplements

- multivitamin, prenatal
 - 1 tablet orally once a dayferrous sulfate (FERATABS)
 - 325 milligram orally once a day

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Miscellaneous

- lanolin topical cream (LANSINOH)
 - applied topically as needed for sore nipples; at bedside with instructions
- hydrocortisone 25 mg rectal suppository (ANUSOL-HC)
 - 2 times a day as needed for hemorrhoids
- benzocaine/menthol spray (DERMOPLAST)
 - as needed for discomfort; at bedside with instructions
- witch hazel-glycerin (hamamel) topical pads (TUCKS)
 - as needed for discomfort; at bedside with instructions

Immunoglobulins

- RHOGAM ULTRA-FILTERED
 - 300 microgram intramuscularly once as needed for patients who are Rh-negative and give birth to an Rh-positive neonate. Administer within 72 hours of birth

Immunizations

- M-M-R II (PF)
 - 0.5 milliliter subcutaneously once. If Rubella status non-immune, administer vaccine if patient desires and Consents
- diph, pertuss(ace), tet vac(PF) (Tdap)
 - 0.5 milliliter intramuscularly once
- varicella virus vacc live (PF)
 - 0.5 milliliter subcutaneously once

Other Medications

- Other: _____

Laboratory

Admission labs or labs to be obtained now:

- Blood Gas Study Infant - cord blood (specimen already obtained) results to mother and baby chart

Morning Draw:

- CBC/AUTO DIFF
- HH (HGB & HCT)
- RHIG SCREEN/MOM
 - (IF mom is Rh negative)

Consult

- Consult/Transition Plan Care Coordinator (Select Public Health Nurse Referral)
- Consult/Transition Plan Care Coordinator
- Consult Perinatal Counselor

Provider Signature: _____ Date: _____ Time: _____