

(place patient label here)

Patient Name: _____



OB VTE Prophylaxis

VTE Prophylaxis

OB VTE Risk Factors (recommend pharmacological prophylaxis with 2 or more):

- *Any Thrombophilia not already on prophylaxis*
- *Age >40*
- *BMI >30*
- *Medical complications (IBD, Sickle Cell, SLE, heart disease, renal disease, major infection, diabetes, etc)*
- *Pregnancy complications (Multiples, HTN, IUGR)*
- *Strict bed rest*
- *Peripartum Hemorrhage*
- *Hysterectomy*
- *General anesthesia*
- *Severe postpartum infection*

Initials: _____

(place patient label here)

Patient Name: _____



OB VTE Prophylaxis

Pharmacological VTE Prophylaxis

Antepartum Hospitalized Patients:

- Add prophylactic anticoagulation if:
BMI >40 OR Personal hx VTE not already on prophylaxis OR 2 or more risk factors
Consider if anticipated inpatient stay >72 hours

Postpartum Hospitalized Patients:

Postpartum Dosing Schedule:

- Prophylactic: 6 hours after vaginal delivery; 12 hours after cesarean
Must be 2 hours or more after epidural removal
- Therapeutic: 12 hours after vaginal or cesarean
Must be 12 hours or more after epidural removal

Cesarean:

- Add prophylactic anticoagulation if:
BMI >40 OR Personal Hx VTE not already on prophylaxis OR Family Hx VTE plus any thrombophilia OR 2 or more risk factors

Vaginal:

- Add prophylactic anticoagulation if:
Personal Hx VTE not already on prophylaxis OR Family Hx VTE plus any thrombophilia OR 2 or more risk factors

Prophylactic Anticoagulation Regimens:

Enoxaparin:

For patients less than 50 kilograms:

- Enoxaparin Sodium (Lovenox) 20 mg subcutaneously 1 time per day

For patients 50 - 90 kilograms:

- Enoxaparin Sodium (Lovenox) 40 mg subcutaneously 1 time per day

For patients 91 - 130 kilograms:

- Enoxaparin Sodium (Lovenox) 30 mg subcutaneously every 12 hours

For patients 131 - 170 kilograms:

- Enoxaparin Sodium (Lovenox) 40 mg subcutaneously every 12 hours

For patients greater than 170 kilograms 0.6mg/kg/day in 2 divided doses:

- Enoxaparin Sodium (Lovenox) 0.3 mg/kg subcutaneously 2 times per day

Heparin:

1st Trimester 5,000 - 7,500 units every 12 hours:

- Heparin Sodium, Porcine (Heparin) 5,000 units subcutaneously every 12 hours
- Heparin Sodium, Porcine (Heparin) 7500 Unit(s) subcutaneously every 12 hours

2nd Trimester 7,500 - 10,000 units every 12 hours:

- Heparin Sodium, Porcine (Heparin) 7500 Unit(s) subcutaneously every 12 hours
- Heparin Sodium, Porcine (Heparin) 10,000 units subcutaneously every 12 hours

3rd Trimester 10,000 units every 12 hours:

- Heparin Sodium, Porcine (Heparin) 10,000 units subcutaneously every 12 hours

Mechanical

- Sequential Compression Device
Location [Right Left Bilateral]
Additional Instructions:

Provider's Signature _____ Date: _____ Time: _____

Initials: _____