

(place patient label here)

Patient

Name: _____

Order Set Directions:

- > (✓)- Check orders to activate; Orders with pre-checked box ☒ will be followed unless lined out.
- > Initial each place in the pre-printed order set where changes such as additions, deletions or line outs have been made
- > Initial each page and Sign/Date/Time last page



PROVIDER ORDERS

Diagnosis: _____

Allergies with reaction type: _____

LUMBAR DISCOGRAM ORDERS - K.A. WARD

Version 4 05/14/2014

- _____ Give scheduled a.m. Beta Blocker with a sip of water prior to surgery. Hold if HR less than 50 bpm. Notify Anesthesia if dose not given.
- _____ Should have regular x-rays and MRI before discography.
- _____ Should not be on anticoagulants or Plavix. Dr. Ward needs to know this if they are to make special arrangements.
- _____ If they are allergic to cephalosporins, need to use clindamycin and Levofloxacin for antibiotic prophylaxis.
- _____ At time of arrival, will be seen by Dr. Ward.
- _____ After being seen for informed consent, give 10 mg of diazepam orally.
- _____ And start IV.
- _____ Unless allergic to cephalosporin, give 2000 mg (2 gram) Ancef (Cefazolin) IVPB before starting procedure.
- _____ *Allergies to cephalosporin: give 1000 mg Levofloxacin, and dilute the contrast and local anesthetic with Clindamycin, 0.6 mg per mL (let Dr. Ward know, and it will be discussed!)
- _____ Sedation in the procedure room will be IV midazolam and fentanyl. Usually, this seldom exceeds 3 mg midazolam and 150 mcg fentanyl.

The procedure tray should have the following:

- _____ At least 10 ml of Isovue 300 (myelogram grade), dilutes with 1 mg per ml cefazolin. You can do this by diluting a bag of 1000 mg cefazolin into 100 ml of solution, drawing off 1 ml, and adding it to 9 ml of Isovue 300 (myelogram grade). This will give a solution of Isovue 300 that contains 1 mg/ml cefazolin for prophylaxis.
- _____ At least 20 ml of 1% preservative-free lidocaine. This will be used for anesthetizing skin.
- _____ At least 20 ml of 1% preservative-free lidocaine, diluted with cefazolin, as above, 2 ml of the 10 mg per ml cefazolin, 18 ml 1% preservative-free lidocaine, to obtain 20 ml of a solution (now 0.9% lidocaine, 1 mg per ml cefazolin).
- _____ At least two 25 ga, 1.5 inch injection needles (with two available off tray)
- _____ At least three 22 ga, 7 inch spinal block needles (with five available off tray)
- _____ Also available for various body shapes: 18 ga, 5 inch needles, 22 ga, 5 inch needles (to be determined when fluoro used).
- _____ Extension tubing.
- _____ Manometer for measuring pressure.
- _____ At least 1 mg IV atropine in case of hypotension.
- _____ Orders to send patient for lumbar CT after discography from T12 to the sacrum. This should be done immediately after the discogram is completed!

Provider Signature: _____ Date: _____ Time: _____