

(place patient label here)

Patient

Name: _____



PROVIDER ORDERS

Order Set Directions:

- > (✓) - Check orders to activate; Orders with pre-checked box will be followed unless lined out.
- > Initial each place in the pre-printed order set where changes such as additions, deletions or line outs have been made
- > Initial each page and Sign/Date/Time last page

Diagnosis: _____
 Allergies with reaction type: _____

CERVICAL DISCOGRAM STANDING ORDERS - K.A. WARD

Version 4 3/26/2009

- _____ Should have regular x-rays and MRI before discography.
- _____ Should not be on anticoagulants or Plavix. Dr. Ward needs to know this if they are to make special arrangements.
- _____ If they are allergic to cephalosporins, need to use Clindamycin and ciprofloxacin for antibiotic prophylaxis.
- _____ At time of arrival will be seen by Dr. Ward.
- _____ After being seen for informed consent, give 10 mg of diazepam orally.
- _____ And start IV.
- _____ Unless allergic to cephalosporin, give 2000 mg (2 gram) Ancef (cefazolin) IVPB before starting procedure.
- _____ ***Allergies to cephalosporin: give 1000 mg ciprofloxacin, and dilute the contrast and local anesthetic with Clindamycin, 0.6 mg per mL (let Dr. Ward know, and it will be discussed!)**
- _____ Sedation in the procedure room will be IV midazolam and fentanyl. Usually, this seldom exceeds 3 mg midazolam and 150 ug fentanyl.

The procedure tray should have the following:

- _____ At least 10 ml of Isovue 300 (myelogram grade), dilutes with 1 mg per ml cefazolin. You can do this by diluting a bag of 1000 mg cefazolin into 100 ml of solution, drawing off 1 ml, and adding it to 9 ml of Isovue 300 (myelogram grade). This will give a solution of Isovue 300 that contains 1 mg/ml cefazolin for prophylaxis.
- _____ At least 20 ml of 1% preservative-free lidocaine. This will be used for anesthetizing skin.
- _____ At least 10 ml of 1% preservative-free lidocaine, diluted with cefazolin, as above, 1 ml of the 10 mg per ml cefazolin, 9 ml 1% preservative free lidocaine, to obtain 10 ml of a solution (now 0.9% lidocaine, 1 mg per ml cefazolin).
- _____ At least two 25 ga, 1.5 inch injection needles (with two available off tray)
- _____ At least two 25 ga, 3.5 inch spinal block needles (with five available off tray)
- _____ Extension tubing.
- _____ Manometer for measuring pressure.
- _____ At least 1 mg IV atropine in case of hypotension.
- _____ Orders to send patient for immediate CT of entire cervical spine after discogram.

Provider Signature: _____ Date: _____ Time: _____