

(place patient label here)

Patient Name: \_\_\_\_\_

Order Set Directions:

- > (✓) - Check orders to activate: Orders with pre-checked box ☒ will be followed unless lined out.
- > Initial each place in the pre-printed order set where changes such as additions, deletions or line outs have been made
- > Initial each page and Sign/Date/ Time last page



PROVIDER ORDERS

Diagnosis: \_\_\_\_\_

Allergies with reaction type: \_\_\_\_\_

### Chest Pain Observation

Version 2 3/24/15

- Use this order set with the Transition from the ED OR the Admission Comprehensive sets
- This order set is intended for patients placed in an observation status using one of the above sets
- Hold beta blockers during home medication reconciliation process if indicated

### Nursing Orders

- ☒ Attending Cardiologist: \_\_\_\_\_
- ☒ Telemetry: Patient may be off telemetry for showering or transport for diagnostic tests [X] Yes [ ] No
- ☒ If patient has chest pain: obtain STAT ECG first. \*\* Do not give Nitroglycerin until after ECG is obtained\*\*
- ☒ Notify provider: for ECG changes; abnormal Troponin results and when giving nitroglycerin for chest pain

### Diet

- ☒ NPO (diet) NPO Modifications: [X] Except Meds [ ] Strict [X] With Ice Chips [X] With Sips
- Additional Instructions: Keep NPO until after stress test determined

### Medications

nitroglycerin 0.4 mg sublingual tablet (NITROSTAT)

- ☒ 1 tablet sublingually as needed for chest pain Do not give until after ECG is obtained; May repeat every 5 minutes with MAX of 3 doses for a single chest pain episode within one hour; Hold for Systolic BP less than 90 mmHg; Notify provider

acetaminophen (TYLENOL)

- ☒ 650 milligram orally every 4 hours as needed for mild-to-moderate pain OR fever greater than 101 F

aspirin

- ☒ 325 milligram orally once a day

### Laboratory

Admission Labs:

- ☒ Troponin-I 4 hours from last ED Troponin

### Diagnostic Tests

ECG

- ☒ 4 hours from last ECG in ED; Reason for exam: Chest pain

ECHO, Transthoracic Complete

- ☐ routine ICD 9 Indications: Chest Pain; Contrast? [ ] Yes [ ] No Agitated Saline (Bubble Study) [ ] Yes [ ] No
- Additional Instructions: \_\_\_\_\_

ECHO, Treadmill Stress

- ☐ routine Reason for exam: Chest Pain

ECHO, Pharmacological Stress routine

- ☐ Reason for exam: Chest Pain

Nuclear Medicine: Cardiac

Stress, Cardiovac Imag w/NM Routine (NM Heart Stress/RST Spect MLT [NM] reflexes when this order is placed) Reason for exam: Chest Pain

- ☐ with DOBUTamine ☐ with Lexiscan ☐ with treadmill

### Consult Provider

- Provider to provider notification preferred.
  - ☐ Consult other provider \_\_\_\_\_ regarding \_\_\_\_\_
- Does nursing need to contact consulted provider? [ ] Yes [ ] No

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_