

(place patient label here)

Patient Name: \_\_\_\_\_



**PROVIDER ORDERS**

**Order Set Directions:**

- > (✓)- Check orders to activate; Orders with pre-checked box  will be followed unless lined out.
- > Initial each place in the pre-printed order set where changes such as additions, deletions or line outs have been made
- > Initial each page and Sign/Date/Time last page

Diagnosis: \_\_\_\_\_

Allergies with reaction type: \_\_\_\_\_

**Tobacco Cessation**

**Version 3 1/17/17**

- This order set must be used with an admission order set or for patients already admitted.
- For patients who are current smokers, smoking cessation medications should be offered, in conjunction with smoking cessation counseling

**Tobacco Cessation Medications: Non-Nicotine Replacement**

buPROPion SR 150 mg tab (Caution: Do not order for patients with history of bulimia/anorexia or a seizure disorder)

- 150 milligram orally once a day for 3 day initial dose
- 150 milligram orally 2 times a day maintenance dose

**Tobacco Cessation Medications: Nicotine Replacement (Choose one route)**

***For patients smoking more than 25 cigarettes/day***

nicotine polacrilex 4 mg gum

- 1 gum orally every hour as needed for smoking cessation (max = 24 pieces/day)

***For patients smoking more than 25 cigarettes/day***

nicotine polacrilex 2 mg gum (less than 25 cigarettes/day)

- 1 gum chewed every hour as needed for smoking cessation (max = 24 pieces/day)

***Nicotine Patch***

- Step down recommendations for patients that desire to quit smoking: Starting on the quit day, patients who smoke >10 cigarettes/day (one-half pack) use the highest dose of the nicotine patch (21 mg/day) for six weeks, followed by 14 mg/day for two weeks, and finish with 7 mg/day for two weeks. Smokers who weigh less than 45 kg or smoke =10 cigarettes per day are advised to begin with the 14-mg/day strength for six weeks, followed by 7 mg/day for two weeks.

***For patients smoking more than 10 cigarettes/day***

nicotine 21 mg/24 hr transdermal film, extended release

- 1 patch transdermally once a day

nicotine 21 mg/24 hr-14 mg/24 hr-7 mg/24 hr daily transderm patch,sequential

- 1 patch transdermally 21 mg once a day x 6 weeks then 14 mg once a day for 2 weeks then 7 mg once a day for 2 weeks

nicotine 14 mg/24 hr-7 mg/24 hr daily transderm patch,sequential

- 1 patch transdermally 14 mg once a day for 6 weeks then 7 mg once a day for 2 weeks

***For patients smoking less than 10 cigarettes/day***

nicotine 14 mg/24 hr transdermal film, extended release

- 1 patch transdermally once a day

nicotine 7 mg/24 hr transdermal film, extended release

- 1 patch transdermally once a day

**Consults**

- Consult smoking cessation counselor

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_